WOMEN ONLY

GENTLE EXERCISE

in a Friendly and Private Environment by a Qualified Female Instructor

Time:

Tuesday 9:30am -10:30am

Cost:

\$5 per session per person

Venue:

The Dove, 78 Power Rd, Doveton

Wear comfortable / loose fitting clothes



Contact Details

Ph: 9791 1449, 9am -2pm, Mon - Fri

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